

We're Here To Support You

To Our NOVA Family:

We have not fully begun to digest the lasting impact the protests and calls for justice will have upon us, as a society, following the deaths of George Floyd, Breonna Taylor, David McAtee, Ahmaud Arbery, Tony McDade, and the countless others whose names echo in Black, Latino, and LGBTQ+ communities.

As a national victim service organization, we emphatically elevate the voices of these communities, and call upon others to provide space and opportunities to center those that are most disproportionately impacted by racism and violence within our country. As our entire nation is in a state of distress, it is also incumbent upon us that we take care of each other—compassion and a willingness to listen are the first steps toward healing our raw wounds.

NOVA also recognizes that our community of victim advocates, crisis responders, and community partners deserve emotional-wellness support during this time.

Starting today NOVA has decided to re-launch the “Touch Base” emotional-wellness support program. Our NOVA trained Crisis Responders will be available between 8 A.M. and 8 P.M. ET, Monday-Friday to offer you a listening ear and strategies to de-stress.

To reach a Crisis Responder email touchbase@trynova.org with the subject line: 'Touch Base Contact'. Include your first name and phone number in the body of the email and you will receive a call back within the hour from an undisclosed number.

Please stay safe. Stay well, and remember we are an email message away. We will continue to help each other heal.

In Solidarity,
The NOVA Staff

#NOVAStrong

Note: If your email is sent after 8:00 P.M. ET or before 8:00 A.M. ET, you will receive a reply by email after 8:00 am ET the following day to determine a good time to call the number you provided.