

## **Basic Community Crisis Response Training Sample 24-Hour/3-Day Agenda**

*Note: The trainer may alter the timing and sequence of topics.*

### **Day One**

- Introductions
- Orientation on Crisis Response Teams
- Break
- The Trauma Experience: Basic Crisis Reactions (Chapter 1)
- The Trauma Experience: Internal Dimensions (Chapter 2)
- Lunch
- The Trauma Experience: External Dimensions (Chapter 3)
- Crisis Intervention (Chapter 4)
- Crisis Intervention Exercise
- Break
- Group Crisis Intervention—GCI (Chapter 5)
- Group Meetings

### **Day Two**

- Death, Loss, and Grief (Chapter 6)
- Break
- Death Notifications (Chapter 6)
- Long Term Stress Reactions (Chapter 7)
- Lunch
- Post Trauma Resources (Chapter 8)
- Spiritual Dimensions in Crisis (Chapter 9)
- Break
- Coordinating a Community Crisis Response Team (Chapter 10)
- Media (Chapter 11)
- Local Planning (Chapter 12)
- Groups Meetings

### **Day Three**

- Group Crisis Intervention Simulation
- Break
- Cultural Issues in Crisis (Chapter 15)
- Lunch
- Special Issues of Age (Chapters 16 & 17)
- Stress of Caregivers (Chapter 18)
- Break
- Group reports
- GCI practice
- Conclusion, Certification, and Graduation