

# NOVA 2023 VIRTUAL TRAINING EVENT

September 18-22, 2023

*At-a-Glance* (Subject to Change)



All times are in Eastern Standard Time (EST).

## MONDAY, SEPTEMBER 18, 2023

11:15 am – 11:45 am Welcome/Opening

12:00 pm – 1:30 pm Connecting with Teen Brains: Teens, Technology & Social Media

1:45 pm – 3:15 pm “Are You in a Safe Place to Talk?” An Inside Look Into A Domestic Violence Crisis Hotline

3:30 pm – 4:30 pm Chat with the Author, Bill Mitchell of “When Dating Hurts”

## TUESDAY, SEPTEMBER 19, 2023

11:15 am – 11:45 am Self Care: Guided Meditation

12:00 pm – 1:30 pm Advocating for LGBTQ+ Survivors

1:45 pm – 3:15 pm Keynote: Concussions behind Closed Doors: Brain Injury Caused by Violence \*

3:30 pm – 5:00 pm Sin by Silence: Impact on Family Members of Domestic Violence

## WEDNESDAY, SEPTEMBER 20, 2023

10:30 am – 11:00 am National Census for Victim Service Providers (NCVSP) Q&A Session

11:15 am – 11:45 am Self Care: Trauma Informed Yoga

12:30 pm – 1:30 pm The Power of Storytelling

1:45 pm – 3:15 pm Keynote: Communities of Color Accessing Services\*

3:30 pm – 5:00 pm Completing the Victim Advocacy Puzzle: The Separate but Complementary Roles of System-Based and Community-Based Advocates

## THURSDAY, SEPTEMBER 21, 2023

11:15 am – 11:45 am Self Care: Guided Meditation

12:00 pm – 1:30 pm In Their Shoes: Understanding Survivor’s Cultural Barriers

1:45 pm – 3:15 pm Survivor Testimonies: Mayra Guillen, Tamara Jackson-Snowden, Bill Mitchell\*

3:30 pm – 5:00 pm When Self Care Isn’t Enough

## FRIDAY, SEPTEMBER 22, 2023

11:15 am – 11:45 am Self Care: Trauma Informed Yoga

12:00 pm – 2:00 pm Navigating Ethical Dilemmas from a Leadership Perspective

2:15 pm – 3:45 pm Closing Townhall: Dr. Chris Wilson\*

*\*recorded from NOVA’s 49th Annual Training Event in New Orleans, LA, July 31 – August 3, 2023.*

# NOVA 2023 VIRTUAL TRAINING EVENT

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*Workshop Descriptions(Subject to Change)*

Workshops are listed in the order they will occur. Please see the NOVA Mobile App for the most up-to-date schedule of events as workshops are subject to time changes/cancellations.

***All workshops are eligible for D-SAACP and NACP Continuing Education.***



see

Presenter	Workshop Title	Workshop Description
Sandra Hunt	Connecting with Teen Brains: Teens, Technology & Social Media	When it comes to technology, children and teens are the ultimate experts. Ninety-five percent of teenagers between the ages of 13 and 17 in the United States have a smartphone. Technology provides opportunities to connect, learn, and have fun. But technology also carries risks, such as inappropriate relationships, cyberbullying and too much screen time. Both the positive and negative aspects of technology can be amplified by some key features of the developing teenage brain. This workshop will explore the impact of technology and social media on the developing teenage brain.
Andrene Baxter	"Are You In A Safe Place To Talk?" An Inside Look Into A Domestic Violence Crisis Hotline	Domestic violence hotlines are often known as the "first responder" to crisis situations and are often the gateway to multiple victim services. Domestic violence hotlines are an essential service to all domestic and sexual violence centers. This workshop explores the dynamics of a domestic violence crisis hotline and examines the ins and out of how domestic violence hotline advocates handle crisis intervention, risk assessments, and immediate safety planning over the phone. Ethical procedures of domestic violence hotline staff will be discussed and attendees will attain knowledge of the functionality of the hotline including communication alternatives, types of hotline calls, and web chat/text features.

Presenter	Workshop Title	Workshop Description
Joél J. Morales	Advocating for LGBTQ+ Survivors	TBD
LaVarr McBride & Stacey Crosley	Sin by Silence: Impact on Family Members of Domestic Violence	<p>This workshop will address the impact of domestic violence on a family suffering from Familial Abuse and will include a personal account from a child in a family of domestic violence where her mother ended up murdering her husband for the abuse the family endured. We will discuss the important of early intervention on the children, as well as helping families find alternatives to staying in the home with the abuser. This session will include movie clips from a documentary on the co-presenter's mother. This is a compelling workshop that will provide help in dealing with long term effect of abuse on victims in domestic violence.</p>
Elynne P. Greene & McKallen Leonard	Completing the Victim Advocacy Puzzle: The Separate but Complementary Roles of System-Based and Community-Based Advocates	<p>Crime victims may encounter dozens of professionals in the criminal justice system, and they are best served when collaboration occurs. Collaboration between victim advocates -- system-based (e.g., law enforcement, prosecution, probation/parole) and community-based (e.g., non-profit organizations) --is particularly important. There is a general lack of understanding of the distinction between these roles and how they can effectively partner to best serve victims. Role confusion can lead to miscommunication and damage to professional relationships and, ultimately, misunderstanding or harm to victims. This workshop highlights key role components and strategies for maximizing partnerships. Legal intersections and their impacts will also be discussed.</p>

Presenter	Workshop Title	Workshop Description
Amy Flottesmesch & Julia Figueroa Gardner	In Their Shoes: Understanding Survivor's Cultural Barriers	This workshop focuses on cultural sensitivity related to working with immigrant and non English speaking survivors. The presentation covers myths, barriers, benefits, and safety focused outcomes. Both presenters are bilingual advocates, fluent in Spanish and English, who work daily with survivors, systems, and community partners. After this session, you will be able to: identify 5 barriers unique to immigrant and non English speaking survivors; debunk at least 4 myths about immigrant and non English speaking survivors; discuss 3 benefits of considering cultural sensitivity in crisis intervention; and identify 4 ways bilingual advocacy provides safety and comfort to immigrant and non English speaking survivors.
Robyn Sordelett	When Self-Care Isn't Enough	On a good day, victim advocates are tired. On the worst of days, they're so burnt out that they're barely recognizable. We know this is a major problem in the field and yet, we are still unable to manage the impact. The culture of self-care tells us that we should be doing more to maintain our own wellness - but what if the responsibility isn't actually on us? This workshop will introduce the concept of burnout as being a symptom of systemic issues and guide advocates in identifying the root causes of burnout, redirecting advocacy efforts to their own wellbeing, and defining actionable steps to address burnout on a structural level.
Da Shawna Townsend	Navigating Ethical Dilemmas from a Leadership Perspective	This interactive and scenario-based workshop will focus on developing the ethical aspects of leadership, to include creating a safe-space for taking accountability and addressing ethical situations with those within our leadership influence. This workshop will identify characteristics of an ethical leader as it relates to being a victim assistance provider; create an understanding the importance of creating a safe space for taking accountability as well as identifying the elements required to create this type of environment; and demonstrate the ability to navigate ethical dilemmas from a leadership perspective.