Igniting Change: Middle and High School Students
Shattering the Silence of Sexual Violence
Angela Rose

• 21 years in the movement
• Kidnapped from a shopping mall
• Community organizing at 17 yrs old
• Founding PAVE: Promoting Awareness, Victim Empowerment
• My loves
PAVE's work has been featured in many media outlets including...
PAVE’s Top Accomplishments

PAVE is proud to have been involved in some of the country’s largest efforts to combat sexual assault.

- **The White House Task Force to Protect Students from Sexual Assault:** PAVE was an integral contributor to this national taskforce chaired by Vice President Biden.

- **US Department of Health and Human Services (HHS) Office of Adolescent Health:** Featured PAVE’s strategies for teen dating violence prevention.

- **National Campus Sexual Assault Summit at Georgetown Law:** PAVE was the first to convene an interactive summit on campus sexual assault, broadcast live to over 400 schools across the country. Joined forces with advertising campaign NO MORE.

- PAVE invited to present at the **National Association of Attorneys General** in October 2015.
Agenda

Difficult Dialogue & Safe Space

Positive and Proactive Approach

Tangible and Concrete Ideas

Q and A
Extremely Pervasive

1 in 4 girls and 1 in 6 boys are sexually assaulted before age 18.
Attitudes of HS Students

• In a survey of high school students, 56% of girls and 76% of boys believed forced sex was acceptable under some circumstances.
Messaging

• PAVE spoke at United State of Women Summit about engaging youth
• Positive / Pro-active
• “For” and “Not Against”
• Prevention vrs Risk Reduction
Importance of Engaging Youth
Sexual Assault is Happening in High Schools...

Let's talk about it!

Register or donate: SafeBAE.org #SafeBAE

Join brave survivors including Daisy Coleman, whose story made national headlines.

Saturday, Dec 12, 2–4pm
Washington Lee High School
1301 N Stafford Street, Arlington, VA

Appearance by Senator Tim Kaine

It's free - everyone is welcome! Students, parents, teachers & school administrators!
Engaging Men

This is Not a Women’s Issue, But A Human Rights Issue!
Engaging Men

“I Have the Courage, We Have the Power to Stop Sexual Assault”
Group Activities

Hands & words are not for hurting
I will not use my hands or words for hurting myself or others

Pledge to end abuse & violence
Audrie & Daisy

Free pizza at the HRT screening of Audrie and Daisy, come watch it in the Yonctown cafeteria.
Outdoor Movie Night

- Education on red flags
- Healthy Vrs Unhealthy
- Pop Culture Examples
- Teens and Parents
Dear Survivor,

I am on your side. I believe you. I support you. What happened to you was wrong and you did not deserve it. You are not dirty or broken. You are not defined by what someone did to you. You are strong, you are beautiful.

You are loved.
Healthy Relationship Task Force

- Teen driven and led
- Partnerships: Student and Community
- Peer education
- Athletic involvement
- Back to School tabling
- Tabling during lunch
Teal Laces
Shattering the Silence Postcard Campaign
Educational Workshops
Peer Education

- Workshops and Curriculum
- Research based
- Pre/post test
- Lessons Learned
- Leveraging Policy
Analysis of Student Survey Data

by Zoë D. Peterson, PhD Director of the Sexual Assault, Research, Education Program at the University of Missouri-St. Louis

Based on my analyses of the pre- and post-testing of participants in the PAVE program, the program resulted in statistically significant improvements in:

1. knowledge about appropriate bystander behaviors
2. knowledge about how to support a friend who has experienced sexual assault, and
3. knowledge about the school’s responsibility in the case of reported sexual assault.

Additionally the program resulted in statistically significant reductions in acceptance of particular rape myths—namely, that most sexual assaults are committed by strangers and that most people who report sexual assaults are lying. Based on these preliminary data, I would conclude that the program was effective in promoting increased knowledge and positive attitude change.
Consent Is...

#ConsentIs pave

CONSENT IS
Instructions

Our campaign allows you to design your very own wristband to promote consent.

In a fine tip sharpie marker, write what consent means to you. For inspiration, search the hashtag #ConsentIs

Post a picture of yourself holding up the band with the hashtag #ConsentIs on Instagram and Twitter. In the post, explain why you are participating in the #ConsentIs movement.
Your voice is powerful. Use it to prevent sexual assault.

Every 107 seconds, another American is sexually assaulted.

CONSENT IS ______

Join the #ConsentIs movement. Put your wristband to Instagram and Twitter.

www.consentis.org

CONSENT IS consistent

Consent is not implied or ongoing. Just because you consented to one thing, it doesn't mean you consent to another. Whether it's your first time being intimate with someone or just a long-time partner, practice consent.
Bake Sale
Tabling

CONSENT

[Image: People posing in front of a banner saying "CONSENT" with gender symbols and hearts]
Festival of Healing

From victim to survivor... to thriver!
Middle School Involvement
Chalking for Change

NEVER blame the Victim
consent will be mandatory

I believe you!

STAND IN SOLIDARITY WITH OUR SURVIVORS
Survivor Love Packages
“...I do NOT blame my dad for his cancer. I do NOT blame a baby for her bloodtype. AND YOUR RAPE IS NOT YOUR FAULT.”

Steve Connell, actor, writer, poet, believes in shattering the silence. Speak out about sexual violence.

www.ShatteringTheSilence.org
Tackling Rape Culture
Walk / Run
International Women’s Day Panel
Removing the Mask

Removing the Mask

Thursday
September 17, 2009 | 7-10pm
Dorothy Chandler Pavilion - Los Angeles

Empowerment comes from removing the mask and shattering the silence of violence.

Ticket Includes:
- Performance art featuring Catch Me Bird Aerial Dance
- NY Times #1 Best Selling Author Ava Peoples, best known for her memoir ‘Still Called X’
- Red carpet with celebrity appearances including Linda Gastrell from RH
- $110 ticket ($100 Pre-sale) and tables of 10 available

Celebrity VIP Reception & Typing
$200 includes entry into main event

pave
Concerts / Variety Shows

2nd Annual ROCK AGAINST RAPE
A show benefiting PAVE

$5

Live Performances by:
- Arian Seeley
- Mike Fingston
- MagnaJunta
- Olive
- Emanuel Vinson
- MotherFolkers
- Lester Chesterfield
- Solid Silver Car

Thursday, March 31
The House Café @ 6:00pm
263 Lincoln Ave, DeKalb

All proceeds go to Meri-"Promo hugged, Vols. Empowerment..." for the NIU Women’s Resource Center.
Co-sponsored by the NIU Women’s Resource Center.
Promo hugged, Vols. Empowerment... Supported by the NIU Women’s Resource Center.
Funds go to Women’s Rights Alliance and Alpha Phi Omicron.
Poster Campaigns

- Buses
- Bathrooms
- Classrooms
- Community
#IHaveTheRightTo Campaign

- #IHaveTheRightTo
- Social Media Support for Assault Survivor

- "I Have the Right to not be told that I deserved this.
- "I Have the Right to be supported when I disclose.
- "I Have the Right to be protected.
- "I Have the Right to be believed.
- "I Have the Right to be heard.
- "I Have the Right to not be teased.
- "I Have the Right to feel safe while walking on campus.
- "I Have the Right to live without the fear of sexual violence.

- "#IHaveTheRightTo Shatter the silence.
- "#IHaveTheRightTo There is no perfect victim.
- "#IHaveTheRightTo Say NO and be HEARD.

- PAVE

Binding Project
“I am the OPPOSITE of what you TRIED to make me. You tried to break me, I took the broken bits and REMADE me strong. I am not silence, I’m SONG.”

Anne, friend, manager, survivor, believes in shattering the silence. Speak out about sexual violence. www.ShatteringTheSilence.org
“Surviving is not a passive act. You have to do it. Busses & trains are filled with non-survivors. You didn’t survive Katrina because you were alive when it ended. You survived when you rebuilt. When the porch light came back on & you first closed your eyes to breathe.”

Tiffany, sister, advocate, survivor, believes in shattering the silence. Speak out about sexual violence.

www.ShatteringTheSilence.org
Your Role is Crucial in Making a Difference

Studies show that if the first person a survivor tells reacts well, it can greatly impact the healing process.
Paving the Way for Parents

Talking to Your Teenagers About Consent and Healthy Relationships

1 in 3 adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a dating partner.

www.PavingTheWayForParents.org
The “freeze” mechanism is called Tonic Immobility (TI) aka “rape-induced paralysis.”

Freezing is an uncontrollable biological response; sometimes flight is not the safest because it can incite chase.
Get Involved!

www.ShatteringTheSilence.org
If you’re interested in starting a Chapter or becoming an Affiliate e-mail:

chapter@ShatteringTheSilence.org